The Navy Charleston Vol. 7 No. 15 August 11-24, 2006 CHINFO Merit Award Winner

IN THIS WILLIAM



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Next issue street date Friday, Aug. 25th Submission deadline Friday, Aug. 18th

Joint Basing with Charleston Air Force Base moves forward

By Airman 1st Class Sam Hymas 437 AW Public Affairs

CHARLESTON, AFB S.C. — Charleston AFB and Naval Weapons Station Charleston have taken the first steps to becoming one big interservice family through the new joint-basing concept.

In May, nearly 100 Airmen and Sailors from the two installations met at the Charleston Club for a briefing by Lt. Col. Tom Egbert, 437th Airlift Wing joint base coordinator, who set up the necessary working groups and committees.

"We have 11 functional working groups who meet weekly to discuss what the merger is going to look like," Colonel Egbert said.

The 11 working groups are command support, community services, environmental services, facilities, fire protection and emergency services, housing, human resource management, information technology services management, logistics support, law enforcement and physical security and operational mission services.

Each one of these groups is either finished or nearly finished with their "as is" assessment of both the Navy and Air Force side of their organizations.

The "as is" assessment is a collection of all information about the organization that will merge, Colonel Egbert said. Once all data is collected the joint basing team can move forward with plans on how to come together most effectively.

"We have been impressed with the tremendous amount of work Charleston has been able to accomplish," said Karen Etheridge, Air Mobility Command base realignment and closure program manager. "We visited the base last month and believe they are leading the Department of Defense in implementing joint basing."

Although the team has made great strides, they have a lot of work ahead of them.

"The bottom-line is we're trying to find the best way to take our two dissimilar organizations, examine these differences and determine an organizational structure that will most effectively accomplish our mission," said Lt. Col. Henry Steenken, 437th Airlift Wing director of staff and a member of the joint basing executive committee.

"We need to figure out how we can benefit by joining the manpower and funding from these similar organizations."

According to the latest draft guidance from the BRAC '05 steering committee, the new joint installation will have an installation commander from the supporting service, in this case the Air Force, with the deputy joint base commander position likely coming from the supported service, the Navy.

Also, once joint base organization is implemented, all Navy civilian personnel billets providing installation support will fall under the Air Force civilian personnel system.

The joint base partnership council, a group of senior leadership from both bases, is working toward finishing a memorandum of agreement between the installations by October 2007, Colonel Egbert said. The agreement will define financial arrangements, installation support output levels, financial and performance reporting requirements, dispute resolution procedures and disposition of assets other than real property as well as detailing the timeline for full implementation regarding real property transfer.



Photo by Mass Communications Specialist 3rd Class Nathan Laird

Atlantic Ocean (July 28, 2006) – Aboard USS Theodore Roosevelt (CVN 71), an F-14D Tomcat assigned to the "Tomcatters" of Fighter Squadron Three One (VF-31), aircraft number 112, completes the final catapult launch of an F-14 Tomcat fighter aircraft. The last launch marks the end of an era for Naval Aviation. The F-14 will officially retire in September 2006, after 32 years of service to the fleet. Theodore Roosevelt is completing Joint Task Force Exercises with USS Dwight D. Eisenhower (CVN 69).

Naval Weapons Station Charleston



Mission

To enable warfighter readiness by providing base facilities, infrastructure and operational support to our tenant commands.

Commanding Officer
CAPT Gary W. Edwards
Executive Officer
CDR Gregory Claibourn
Command Master Chief
CMDMC(SS) Bob Shannon

About the Shoreline

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Questions and comments can be directed to the editor. The Navy Charleston Shoreline can be reached at (843) 764-4094 or by fax at (843) 764-7307 or write the Navy Charleston Shoreline, 2316 Red Bank Road, Suite 100, Goose Creek, SC 29445. All news releases should be sent to this address.

Editorial Staff

Public Affairs Officer
Scott Bassett
Deputy Public Affairs Officer
MC1(SW) Brianna K. Dandridge
Editor/Graphic Design
Bart Jackson
PAO Staff
Ens. Ken Jew

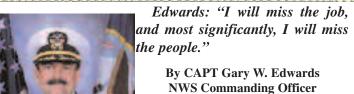
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Captain's Log



Wow! My last Shoreline article, where has the time gone? It seems just yesterday that I took my first run along the Cooper River (and got turned around and chased back home by mosquitoes as I recall....)

When I was training to come to this job, I heard a lot of talk about change,

about how the stand-up of Naval Installations Command led to many changes and that there would be many changes in the future. I got here thinking that I was the Bold Knight of Change or something like that. Soon after I arrived, I learned that NWS Charleston has been under continuous change for at least the last 15 years. I also found that we have been very successful in implementing these changes. I think change often gets a bad rap and is associated with negative connotations - but look at the results of the changes here.

In 1979, in the heyday of the cold war mission, with a submarine tender, floating drydock, SSBNs, submarine squadrons, ordnance loads on warships and logistics vessels, about 8,900 people worked on the base. In 1990, Kings Bay Submarine Base opened, and the SSBNs, tenders, squadrons, SWFLANT eventually all departed. Nuclear Power Training Unit, Nuclear Power Training Command, Army Field Support Battalion Afloat and SPAWAR Systems Center Charleston moved in. Today, we have approximately 10,800 people working on the base. This confirms my suspicion that NWS Charleston is busier than it's ever been.

You'd think not much changes in two years, but since I've been here, I've seen the opening of a new security building, complete reconstruction of gate 4, completion of the berm project, implementation of parking lot standoffs for building 302, the Redbank Club and the Headquarters building, improvements to gate 1, construction of a building for two EOD detachments for EODMU6, repaving of most of the roads on the South side of the base, and renovation of the Mahan Circle BQ. Additionally, the seawall at Short Stay was repaired, and MWR opened two new facilities, the Foster Creek RV Park and Foster Creek Villas. I

also will admit that I can't take credit for these changes since just about everything accomplished in a 2 year period is based on preplanning and funding obtained well before that time. Some of the credit goes to those that went before us, but the majority goes to our great workforce that saw the needs and ensured that they were addressed, and I salute and thank all of you.

We were able to meet the challenges of change, and do it very well, because of the exceptional people that work here. You have been innovative, positive, and enthusiastic. You have led the way in efficient ways of doing business, in dealing with financial challenges, in reacting to BRAC '93, and in now transforming to Air Force installation management. It is because of the strength and dedication of you, our people, that we have thrived under challenging conditions.

One of the other very helpful things has been the support of the local community. In the early years of the Navy, bases required their own complete infrastructure, since the surrounding communities didn't have a substantial infrastructure. Bases are no longer "islands," and in most cases now surrounding communities have infrastructure that we rely on. Here at NWS Charleston, we get our potable water from the public water supply and we rely on Berkeley County for sewer services. Our housing areas are law enforcement concurrent jurisdiction areas with the City of Goose Creek. We are very dependent on the local community, and I am thankful for the superb support we have received, especially from the City of Goose Creek. We couldn't ask for a more helpful and military friendly community. In fact, Charleston was recognized by Air Mobility Command as this year's recipient of the Abilene Trophy for best community support for a military installation in the country.

My secretary, Cynthia, is used to hearing me say, after a long day of meetings and visits, something like "What do I actually do for a living?" and "Do I really do anything at work?" I jokingly say that, and I think what it really means is that because of the strength of our people, I don't really have to do much of anything - the Department Heads and the other wonderful people who work here and run the place pretty much don't need my help to keep things running. Of course, this allows me to ask more stupid CO questions...

Many folks ask "Will I miss it?" While I am really looking forward to moving back home, I will miss the job, and most significantly, I will miss the people - all of you that make this such a special place. Thanks for all of your help.

Please take care and please work safely.



The NWS Charleston is holding a change of command ceremony at which current commanding officer Capt. Gary Edwards will be relieved by Capt. Robert Brennan on August 18 at 2 p.m. at the Redbank Club located on Redbank Road.





Uniform Night

Congratulations Chief Selectees!

The Navy Exchange Uniform Shop will close early Monday August 14 at 5 pm and reopen at 6 pm for Chief Selectees and their sponsors.



Predatory lending continues to affect Navy readiness

By MCSA Jonathan G. Husman Fleet Public Affairs Center, Pacific

CORONADO, Calif. (NNS) — The Department of the Navy continues to raise awareness of predatory lending by informing Sailors and families of the pitfalls of payday loan cycles.

According to Keith Goosby, financial coordinator for Regional Support Office Task Forces in San Diego, predatory loans may be putting Sailors in financial peril, affecting job performance, and in some cases, jeopardizing security clearance.

"Overall readiness of the Navy is impacted when financial aspects of personnel are not what they should be," said Goosby. "Additionally, shipmates are impacted when they have to deploy because of someone else's lack of financial readiness."

Francis H. Dong, associate director of the National Association of Securities Dealers (NASD), said 75 percent of pay-day loan center customers are unable to repay their loan in two weeks, the normal length of a loan. Dong also said, active-duty members are three times more likely to use a predatory loan center

than a civilian.

requires,"

"Predatory loan centers target active-duty with tricks like special military loans," said Dong. "Military personnel are their best clients, because they know they're paid every two weeks."

Along with impacting fellow shipmates, financial readiness can affect performance at work.

"Sailors who find themselves caught up in predatory lending can lose focus on the job, which in many cases can be very dangerous, because their minds are on personal issues, not on the mission their job said Goosby.

According to Capt. Mark Patton, commanding officer of Naval Base Point Loma, the number one reason why some Sailors cannot deploy to support the global war on terrorism is lack of security clearance, caused by financial troubles.

"Education and learning how to leverage your income is a way to avoid going to extremes to seek financial stability," said Goosby.

Deborah Lane, career services supervisor for Fleet and Family Support Center San Diego said, "Developing a realistic spending plan, living within your means and not spending more than you make, are probably the best things Sailors can do to put them-

selves on the road to financial

For more information on predatory lending, contact your command financial specialist, or your local Fleet and Family Support Center.

For more news from around the fleet, v i s i t www.navy.mil.

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Internet "phishing" schemes target DoD personnel

Chief of Naval Operation Public Affairs Office

Fraud and identity theft are becoming more and more common each day. Although these kinds of crimes have been around for years, the internet now enables criminals access to online methods of swindling unsuspecting victims. While you might be suspicious of email from unknown sources, it can be difficult to distinguish between legitimate sites or email and the "spoofed" sites or emails created for snaring the unsuspecting.

Recent scams have impersonated recognized internet service providers and companies, as well as Navy related organizations, including Navy Federal Credit Union and Navy Knowledge Online.

Phishing has also impersonated government sources such as Navy Marine Corp intranet (NMCI) and the Veterans Administration (VA). Phishing schemes use a number of techniques to get the user to "bite." Two of the most common schemes are: "spoofing," where e-mail addresses and page content appear to be from a valid source; and "social engi-

neering," when emails, and other means such as a phone call from someone who seems to know you, play upon human curiosity to trick the user into revealing personal data by convincing or scaring them into the desired action, potentially divulging credit

card numbers, bank information, social security numbers, user ID's and passwords for personal gain or to gain access to a network. Company logos and letterheads may appear to be genuine at first glance, and this is how unsuspecting users are usually lured into helping the phishers accomplish their goals. A recent incident of phishing appeared to come from an official NMCI Navy account but fortunately there was no compromise.

Navy network users are required to digitally sign any email that tasks a user within DoD for personal information. Use of the digital signature eliminates

senders' ability to claim an email was not sent by him/her (non-repudiation) and ensures positive

identification of the sender (authentication). As a first line of defense, users should check to see if an email requesting any personal information has been digitally signed. If in doubt, phone the person or organization the email appears to come from.

Be aware that whenever you click on a link in an email or open an attachment it may not have come from the person or

Users should avoid answering any e-mail that attempts to get users to reveal personal information and report

any suspicious correspondence to your information assurance manager or CIO team immediately. Never release password, login, or pin numbers via any medium.



security."

The monthly Captain's Call/Awards Ceremony was held July 27th at All Saints Chapel. Award recipients for the month of July are:

Letter for length of service for civilians

David Stiegelmeyer (25 years) George Desrochers (25 years)

Good Conduct Award

MA2 Thomas Vasko

Letter of Appreciation

Fredrick Haynes Mark Pender Beth Crawford

Sailor of the Quarter

Senior Sailor
IC1 Nicholas Leone
Junior Sailor
MA2 Robert L. Donald
Bluejacket
MASN Marquita W. Reyes

Navy Achievement Medal

RP3 Victor Green CS1 David Letbetter

Retirement

CS2 Scott D. Lewis



Looking for a job?

Family Employment Readiness Workshop **is h**eld every Tuesday 10:00 - 11:00 a.m. at FFSC, BLDG 755. This workshop provides assistance, information and referral on employment and educational resources and opportunities to eligible family members of military personnel, retiring and separating military personnel and family members of relocating civil service personnel. A local staffing agency is available after the workshop. Call 764-7480 for more details.

Navy Ball Donut Sale

The Navy Ball Commitee is holding a donut sale to raise money for the 231st Navy Ball held October 21. Orders are being taken through August 13. Delivery date is set for August 17. Please contact MM3 Ives at 764-7904 ext. 243 or MA3 Ralston 764-7888 to place an order.

Back to school specials at Naval Exchange

Families with school-aged children are expected to shell out an average of \$527 on back-to-school items according to a National Retail Federation study. Army & Air Force Exchange Service (AAFES) customers enjoy competitively low prices that average more than 20 percent less than comparable retailers for many products including back-to-school items. If AAFES does not have the lowest price, the BX/PX will match competitors' current, local price on any identical stock assortment. AAFES also offers a 30-day price guarantee on any item originally purchased from AAFES and subsequently sold at a lower price by AAFES, or another local competitor (excluding unauthorized dealers and warehouse clubs).

Veterans Bill Signed

President GEorge W. Bush has signed a bill for housing and benefit needs for disabled servciemembers and veterans. Provisions include VA grants to assist with housing adapations, allowing of up to 2 years from separation date to apply for the premium free group life insurance. To learn more, visit www.militry.com

VA plans new clinics

VA has announcedplans to open 25 new community-based clinics. The new facilities, called community-based outpatientsclinics (CBOC), will begin operating this year. Proposed clinics sites: Bessemer AL; Bernidji MN; Holdredge NE; Miami-Globe, NW and SE Tucson AZ; Fallon NV; S. Orange County CA; Franklin, Hamlet, Hickory NC; Dover DE; Cambridge, Newark OH; Athens GA; Hamblen TN; Canyon County ID; Conroe TX; Spirit Lake IA; Lynchburg, Norfolk VA; Hazard, Florence KY; Rice Lake WI, American Samoa. Your local VA official will inform your community as clinic open.

www.nwschs.navy.mil





4 Step plan for Hurricane Safety and Awareness

1. Find out what could happen

- * Contact your local Red Cross chapter or emergency management office before a disaster occurs—be prepared to take notes.
- * Ask what types of disasters are most likely to happen. Request information on how to prepare for each.
- * Learn about your community's warning signals: what they sound like and what you should do when you hear them.
- * Ask about animal care after a disaster. Animals are not allowed inside emergency shelters because of health regulations.
- * Find out how to help elderly or disabled persons, if needed.
- * Find out about the disaster plans at your workplace, your children's school or day care center, and other places where your family spends time.

3. Complete this checklist

- * Post emergency telephone numbers by phones (fire, police, ambulance, etc.).
- * Teach children how and when to call 9-1-1 or your local Emergency Medical Services number for emergency help.
- * Show each family member how and when to turn off the utilities (water, gas, and electricity) at the main switches.
- * Check if you have adequate insurance coverage.
- * Get training from the fire department for each family member on how to use the fire extinguisher (ABC type), and show them where it's kept.
- * Install smoke detectors on each level of your home, especially near bedrooms.
- * Conduct a home hazard hunthome hazard hunt.
- * Stock emergency supplies and assemble a Disaster Supplies Kit.
- * Take a Red Cross first aid and CPR class.
- * Determine the best escape routes from your home. Find two ways out of each room.
- * Find the safe places in your home for each type of disaster.

2. Create a disaster plan

- * Meet with your family and discuss why you need to prepare for disaster. Explain the dangers of fire, severe weather, and earthquakes to children. Plan to share responsibilities and work together as a team.
- * Discuss the types of disasters that are most likely to happen. Explain what to do in each case.
- * Pick two places to meet:
 - 1. Right outside your home in case of a sudden emergency, like a fire.
 - 2. Outside your neighborhood in case you can't return home. Everyone must know the address and phone number.
- * Ask an out-of-state friend to be your "family contact." After a disaster, it's often easier to call long distance. Other family members should call this person and tell them where they are. Everyone must know your contact's phone number.
- * Discuss what to do in an evacuation. Plan how to take care of your pets.

4. Practice and maintain your plan

- * Quiz your kids every six months or so.
- * Conduct fire and emergency evacuations.
- * Replace stored water and stored food every six months.
- * Test and recharge your fire extinguisher(s) according to manufacturer's instructions.
- * Test your smoke detectors monthly and change the batteries at least once a year.

Hogs gone wild on Station

Feral pigs ravage natural areas on northside

By Bart Jackson Navy Charleston Shoreline

Good thing pigs can't fly...otherwise the problem would be more widespread than it already is. Feral pigs are environmental pests and when out of control can destroy crops and pasture lands. The good news is that when the wild pigs are caught on NWS Charleston they are turned over to local hunters for processing and are usually distributed to area soup kitchens and homeless shelters.

A feral pig is medium-size hoofed wild mammal with a flexible, but tough snout just like the domestic pig. The coat is usually coarser and denser than a domestic pig and has dense undercoat in winter. It is extremely variable in color and has a moderately long straight tail.

Although they can be found in the entire 48 continental United States, the problem is more prevalent in southeastern states and especially in South Carolina where there is an abundance of marshes and coastal regions. "They just root up everything," said Don Watts of the NWS Natural Resources department. "A tractor and plow couldn't do much better."



Photo by Bart Jackson

NWS Natural Resources team member Don Watts, checks one of the Stations 10 wild hog traps on the Stations northside where the problem of feral pigs has been more prevalent.

According to Watts the problems are mostly in the Bushy Park industrial area where South Carolina Electric & Gas and other industrial sites, have been fighting this problem for years. Local hunters and the Natural Resources team hunt and trap the pigs along the Bushy Park corridor to control their population. Because

of that some have migrated across Foster Creek and have made homes on the less populated northside of the base. Most of this area is forested land, but they still are a public nuisance.

The main concern is that feral pigs are agricultural pests. "Mostly they keep to areas around marshes and water, they don't venture inland too far," said Watts. "It's usually too hot for them and they like to stay close to drinking water."

They cause damage to the environment through wallowing, rooting for food and selective feeding. They destroy the local habitat for native plants and animals and spread environmental weeds.

The most effective type of control is and has always been trapping and currently there are 10 traps monitored and maintained throughout the northside. According to Watts, so far this year the team has trapped "around 60 or so." There is no way to gauge just how many there are on Station, but considering they can breed twice a year and produce litters of 6 to 10 piglets, it's easy to see that this is literally a growing problem.

Should anyone notice signs of digging up grass and flower beds around homes or where people work, there's a good chance that pigs are in the area. For assistance call the Station's Natural Resource department at 764-7951 and they will assess your situation and your individual needs.

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Sportsman to converge on Station for deer hunting season

By Terrence Larimer NWS Natural Resources Manager

The 2006 deer season opens Wednesday, August 16 at NWS Charleston. Nearly 11,000 acres of the Station are undeveloped and provide an excellent white-tailed deer habitat. The deer hunting is a long-standing tradition on Station and provides thousands of hours of outdoor recreation and it's a practical way of controlling the Station's white-tailed deer population which would quickly get out-of-hand if not constrained.

"Our hunts are the safest and most controlled hunts in the lowcountry," said NWS Game Warden Sam Gordon. All hunts are supervised by Station game wardens and they are checked in and out at the hunter check station. They hunt from elevated stands and rifles or handguns aren't allowed. "We know who the hunters are, where they are and what they are using to hunt," he said.

An over abundance of deer is a statewide problem in South Carolina and is resulting in an increased number of deer-vehicle collisions. Many areas also suffer damage to plant, flowers and shrub vegetation. If left unchecked the end result of over population may lead to a malnourished, disease susceptible deer population.

Deer-vehicle collisions rarely occur on station, but it still pays to be alert when driving especially at dawn and dust when deer are often on the move.

Station deer hunts are conducted on Monday, Wednesday, and Friday afternoons and on Saturday and Sunday morning and again in the evenings.

Both military and civilian personnel are welcome to participate in the hunting and fishing program. Laws and regu-



Photo by Charles Franklin

A doe and her three fawns are seen grazing on the Station's northside in one of the many forested areas.

lations generally follow state requirements but because of the Station's military mission, access and movement in some areas is controlled and safety requirements are rigorously followed.

All hunters must have current state and federal licenses as well as a NWS hunting and or fishing license. Additionally, proof of graduation from a state approved hunter safety course is required to purchase a Station hunting license.

NWS hunting licenses are available at the Outdoor Recreation Center. NWS licenses run concurrent with state licenses expiring on June 30 of each year. Collected hunting fees are used solely to support Station hunting and fishing management activities such as planting wildlife food plots, erecting wood duck nest boxes, planting native fruit producing trees and the tools and equipment to carry out these projects.

The instruction on hunting and fishing (WPNSTACHAS-NINST 5090.12) contains complete rules and regulations and is available at the Outdoor Adventure Center. Deer hunting season will continue through January 1, 2007. Questions regarding outdoor recreational activity on Station can be answered by calling the Natural Resources Office at 764-7951.

Station recreation locations

Per WPNSTACHASNINST 5090.12 Category 'A' personnel, which includes military and civil service employees (and dependents) of the installation and tenant commands, are authorized to hunt in Marrington, northside, eastside ordnance area and the southside area. Category A personnel can fish in Marrington, southside's Hooker Lake and the eastside ordnance area impoundments during non-working hours, Cooper River at Storm Pointe Pier, the river banks south of Pier Bravo to the security boat house area and Pier Charlie. Category B personnel which includes military not assigned to the installation, retired military and the general public are authorized to hunt and fish in Marrington only.



Have some input, or something you'd like to see in The Shoreline? Please submit to: shoreline@navy.mil or call: 843-764-4094



Unless otherwise indicated, Liberty trips and events are open to all hands of NWS

Charleston and its tenant com-

mands (active duty, civilian and dependents, ages 18 and up).

Sign up for these events at the ITT office

located in the Outdoor Adventure Center (Building 1700, Fletcher Street). The ITT/OAC/Liberty building is open from 11 a.m. until 6 p.m., Monday through Friday, and 11 a.m. to 4 p.m. on Saturday. Call 764-7002 or 764-2120 for more information or check us out on the MWR website at www.mwr.nwschs.navy.mil.

Let's go to the movies!

Dive in Movie, Friday, Aug. 11, 7:30 p.m., at New Wave Aquatic Center

Want to watch a movie while relaxing in a swimming pool? Well, here's your chance. Liberty will be going to New Wave to watch a movie. Children are more then welcome. For more information, please contact Kara at 764-7002.

Public embarassment OK'd

Karaoke Night, Tuesday, Aug. 15, 6 p.m., in the Dive

There is nothing better then to hear the sweet sound of amateurs singing off key to an old classic. Liberty is bringing it to Cap'n Roberts Dive. For more information, please contact Kara at 764-7002.

Go climb a rock!

Rock Climbing Challenge, Thursday, Aug. 17, 4:30 p.m., at OAC

Liberty is providing you with the ultimate rock climbing challenge. There will be several obstacles to overcome and challenges presented. This will also be the perfect opportunity for those who have never been on the wall to experience what it is all about. For more information, please contact Kara at 764-7002.

Paddles included

Kayaking, Saturday, Aug. 19, the van will leave ITT/OAC at 11 a.m. Price is \$15 per person!

Take on the surf and sun while kayaking at Short Stay with Liberty. Relax and get a tan, work out by racing other kayakers, or just enjoy the beauty of your surroundings. This is a great way to spend time with the family or have a class trip. Sign up at ITT/OAC by Aug. 17. For more information, please contact Kara at 764-7002.

Splatt!...Splatt!

Paintball, Saturday, Aug. 26 at 9:30 a.m.

Anyone need to let go of their frustration by shooting paintballs at shipmates and random people? For the low price of \$25, you get admission, transportation, equipment, and 500 paintballs. Sign up at ITT/OAC by Aug. 24. For more information, please contact Kara at 764-7002.

Let's "flip the lid"

Ultimate Frisbee, Tuesday, Aug. 29, 4:30 p.m. on the NNPTC Multi-Purpose Fields.

Frisbee is the ultimate in outdoor activities, so grab friends and show up for a little friendly competition. The games will last as long as it takes to have a winner and if there are more than two teams, we may have a little tournament. For more information, please contact Kara at 764-7002.

Gnip-gnop...gnip-gnop...

Ping Pong Tournament, Thursday, Aug. 31, 11 a.m. in the NNPTC Activity Complex

No one wants to miss out on the single elimination tournament where there can only be one winner. This is a chance for the past winner to either defend their title or crown a new champion of the table. For more information, please contact Kara at 764-7002.

I was framed!

Back to School special at Frame of Mine

Be sure to take advantage of the back to school special at Frame of Mine throughout the month of August. Receive 25 percent off all custom orders and 50 percent off select in-stock unframed prints. Offer good through August 31.

Remember that "Do-it-Yourself" framing classes are offered the first and third Saturdays of each month from 9 a.m. to 2 p.m. There is a \$30 non-refundable fee plus the cost of supplies. These are very popular classes, so you must sign up and pay in advance. For more information, call Frame of Mine at 764-4107.



New pool schedule begins this month

Eastside Pool is now closed for the season. However, New Wave Aquatic Center will remain open for swimming under new hours of operation. Beginning Aug. 14, the new hours for New Wave will be from 3 to 5:30 p.m., Monday through Friday. The weekend hours will remain the same, from 12 noon to 7 p.m.

Military lap swim is available only at New Wave Aquatic Center weekdays from 5:30 to 7:30 a.m. and from 11:30 a.m. to 12:30 p.m. New Wave Aquatic Center will close for the season at the close of business on Labor Day (Sept. 4). For more information, call New Wave Aquatic Center at 764-7033



Tournament scheduled

Three-club golf tournament scheduled

The Redbank Plantation Golf Association will have a three-club golf tournament Saturday, Aug. 12 at Redbank Plantation Golf Course. In this tournament, no handicap will be allowed and the players are only allowed to use three clubs from their bag. All players will tee off from their regular tees. Participants will be flighted according to their handicap. Prizes will be awarded according to participation. The cost is \$15 plus cart and green fees. Please note that all golfers are welcome to participate in the association tournaments. Call Redbank Plantation Golf Course at 764-7802 to sign up or for more information.

Stroke play anyone?

Individual stroke play golf tournament scheduled

The Redbank Plantation Golf Association will have an individual stroke play golf tournament Saturday, Sept. 2 at Redbank Plantation Golf Course. There will be low gross and low net prizes using handicap. A player cannot win both low gross and low net. Prizes will be awarded according to participation. The cost is \$15 plus cart and green fees. Please note that all golfers are welcome to participate in the association tournaments. Call 764-7802 to sign up for this tournament or for more information.



Registration deadline announced for intra-

mural softball

The registration deadline for intramural softball is Aug. 25. Registration will take place at the Athletics office in building 725, MenRiv Plaza. Play will begin Sept. 11. This is a non-Captain's Cup event. For more information, call 764-7530.

Ready?....serve...spike!

Intramural fall volleyball

Register deadline for intramural fall volleyball is Sept. 15. Registration will take place at the Athletics office in building 725, MenRiv Plaza. Play will begin Sept. 25. This is a Captain's Cup event. For more information, call 764-7530.

Ringers only...no leaners!

Intramural horseshoes

Register for intramural horseshoes Sept. 29. Registration will take place at the Athletics office in building 725, MenRiv Plaza. The tournament will be held Oct. 6. This is a Captain's Cup event. Call 764-7530 for more information.

Golf with a frisbee?

Intramural disc golf

Register for intramural disc golf Oct. 6. Register at the Athletics office in building 725, MenRiv Plaza. Play will begin Oct. 13. This is a Captain's Cup event. For more information, call 764-7530.

This is a good kind of rage!

Move! Get out of the way!

The "Road Rage" is a 5K race held monthly and is run through Navy Housing. The race begins at 6:30 a.m. and is held the last Wednesday of each month. The next race is scheduled Aug. 30. All runners should meet outside of Sam's Gym Fitness Center on Jefferson Street. The race is free to all participants and is open to all active duty, retirees and dependents. No registration is required. Prizes will be awarded to the top male and female finishers in the following age categories: Overall, 18-22, 23-28, 29-34, 35-39, and 40 & over. Call 764-7530 for more information.



It's league time folks!

Winter bowling leagues now forming

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pants, including civic and neighborhood groups, law enforcement agencies and local of

from more than 10,000 communities across the country participated in the NNO. The

included displays and giveaways focusing on crime-prevention and safety.

Station joins National Night Out against crime

Story and Photos by MC1(SW) Brianna K. Dandridge **Navy Charleston Shoreline**

Naval Weapons Station Charleston held the annual National Night Out (NNO) from 6 to

Volunteer organizations, along with McGruff, The Crime Dog, were on hand and 8 pm. at the Fletcher Street Community Center August 2. The community event was aimed at informational booths for parents and kids alike. Groups used displays, brochures and parents and children and was supported by local officers and volunteers who were on hand to to educate the community about the best ways to keep local children and the community provide information on fire preplace. Entire families moved between the booths and playground area gaining know vention, how-to prevent while munching on free hot dogs, lemonade, and sno cones. spinal injuries, child "Our goal is to teach adults to recognize, react and prevent child sexual abuse," said Turner, Darkness to Light. According to Turner, someone that the child knows and trusts sexual abuse and bicycle registration mits sixty percent of all child sexual abuse. Darkness to Light set up a display for this event and is a non-profit group based here in Charleston. and safety. Last year more One of the ways to protect against crime or abuse is being vigilant. A watchful com than 34 million ty of people may prevent criminal activity on their block. partici-Melanie McDonald, a concerned mother, says that safety and staying informed is i tant when raising a child. "The Child Development Center does any excellent job of teaching emergency dures. I thought that we would reinforce the training by letting our daughter me interact with uniformed police officers and firefighters." Event volunteer Larry Latta, Security bike officer, was on hand to give out fre reflectors and talk to Station children about the importance of helmets and using at night when riding bikes on base. "I hoped that the kids would like to know being a police officer on a bike and about bike safety." EE - COMMUNITY PARTNERSHIP

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set up games a safe /ledge

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e bike a light about During the event, Security gave away kits to parents for fingerprinting their children, coloring books on using the 911 emergency service, and information on bike registration.

The event was sponsored in part by the Charleston Navy Exchange and the store gave away six gift bags full of school supplies during a raffle drawing.

NNO promotes community police relationships and promote a safer community. For more information on National Night Out log onto www.nationalnightout.org.







Leisure Times

(cont'd from page 11)

Winter bowling leagues are now being formed at Marrington Lanes. We offer men's, women's, seniors' (ages 50 & up), mixed and youth leagues. The leagues will begin the first week after Labor Day in September. Below is a list of available leagues and times that will start soon for the winter at Marrington Lanes:

- * Seniors League-Monday, 10 a.m.
- * Turbo (Mixed)—Monday, 7 p.m.
- * League Opening-Tuesday, 6:30 p.m. (16
- * Menriv Originals (Women)—Wednesday, 9 a.m.
- * Fleet Reserve Assn. (Mixed)-Wednesday, 7 p.m.
- * 21 Point Peterson (Mixed)—Thursday, 6:30 p.m.
- * Marrington Seniors (Mixed)—Friday, 10
- * Friday Nite (Mixed)—Friday, 6:30 p.m.
- * Youth Leagues-Saturday, 10 a.m.

Don't miss out on the winter fun at Marrington Lanes! Call the Bowling Center at 764-7235 and sign up today!



August is Aviation Month

August is Aviation Month and the NWS Library is giving away free wooden airplanes, bookmarks and aviation handouts during the month. Hurry to the library while supplies last! For more information, call 764-7900.

Help!

Volunteers needed for library preschooler

program

The only requirement is that volunteers love working with children. This class also requires a parent or guardian to attend with the child. If interested, come by the library or call 764-7900.

For more information about any of the NWS Library's programs or services, call 764-

Dance...dance...dance...

Dance and Floor Gymnastics classes

NWS Charleston's Youth Center Annex will offer dance and Floor Gymnastics classes Tuesdays from 9 to 10 a.m. (for ages 3-5) and from 10 to 11 a.m. (for ages 6 and up). The classes will be held in Building 777, next to New Wave Aquatic Center.

The classes will consist of a combination of tap, ballet, hip hop and jazz. Floor Gymnastics consists of floor routines and will be taught by instructor Candace

Sign up at the Youth Center or for more information, call 764-7809 or 764-7946.



Child Development Center to have preschool Open House

will have a preschool "open house" for families on Tuesday, Aug. 15 from 4:30 to 6:30 pm. The CDC is located in Building 1693, at the end of Von Steuben Street.

Parents with preschool children are invited to attend and view the classrooms, talk to administration and teachers, and find out about the National Association for the Education of Young Children (NAEYC) accredited program. There is no need to call or sign up, just drop by and see what CDC has to offer.

CDC currently has openings available for 3-5 year olds for the preschool program for the fall school year. For more information, call the CDC at 764-7408.

Register your children now for "Bear Hugs" before & after school program



The "Bear Hugs" before and after school programat the Youth Center is for ages 6-12 and offers snack time, supervised play period, a homework period and exciting projects every day. Children may be dropped off as early as 6 a.m. and must be picked up by 6 p.m. The cost for the program is determined by a sliding fee scale, based upon total family income. The program starts Aug. 14. For more information and registration, call the Central Enrollment and Waiting List (CEWL) office at 764-7984.

It's registration time....

Registration for "Kindergarten Express" program

The Youth Center is sponsoring a "Kindergarten Express" program for ages 4 and 5. All children attending K-4 or K-5 morning or afternoon kindergarten sessions at Marrington Elementary and Goose Creek Primary School can be transported to and from school. Children may be dropped off as

early as 6 a.m. at the Youth Center and must be picked up by 6 p.m. Parents must provide a sack lunch or purchase lunch at the Youth Center snack bar. The cost for the program is determined by a sliding fee scale, based upon total family income. The program starts Aug. 14. For more information and registration, call the Central Enrollment and Waiting List (CEWL) office at 764-7984.

It's tiny tots time....

Registration for "Tiny Tots" day camp program at NWS Youth Center

The Youth Center is currently accepting registrations for its "Tiny Tots" day camp program. The program, for ages 3-5, will keep children busy with fun activities, such as arts and crafts, games, dancing, singing and much more. The program will start Sept. 5 and will be held Mondays through Fridays from 9 a.m. to noon at the Youth Center. The cost is \$70 per child per month, \$95 for two children and \$120 per month for three children. For more information, call the Youth Center at 764-7809.





The NWS Child Development Center

Caution key to prevention during severe weather season

By Dan Steber **Naval Safety Center Public Affairs**

Hurricanes, as Katrina and others have shown, kill and injure many people, damage houses and equipment, and wreak havoc whenever they hit. Tornadoes also pack an explosive punch. But have you ever wondered how many people are killed or injured in severe lightning storms? Are you one to take showers, chat on the telephone, stand near windows, or stay on the golf course while lightning cracks in the area? Lightning storms alone kill about 80 people each year in the United States and injure an additional 400. Some of these deaths included Sailors and Marines, and the threat of dangerous weather is a big concern during the Critical Days of Summer.

Ken Testorff, editor of Sea & Shore Magazine at the Naval Safety Center, related an incident with a Sailor who was fishing when a bolt of lightning flashed about 50 yards away. A witness said, "Then I saw a shipmate yelling, jumping and holding his leg." That story went on to describe the fishing line and head for cover in a thunderstorm.

The Sailor had been fishing from a pier when it started raining and noticed some lightning strikes nearby, but the fish were biting, so he continued, ignoring the building

The witness ran over to see if his shipmate was OK and to help him to his ship. A physical exam revealed no entry or exit burns, and an EKG was within normal limits. However, an ambulance took the victim to a nearby hospital for observation and another EKG check. The results again were normal, so doctors released him.

I'm a golfer and learned a long time ago that it's best to get back to the clubhouse before the weather gets close. I wasn't always so smart and have tempted fate when I was a younger Sailor. A storm moved in over the Patuxent River, heading directly at the golf course. My playing partners didn't flinch, even with my constant reminders about the weather. We had carts and easily could have returned to the clubhouse. But the group huddled under, of all places, a group of

misadventure of a Sailor who waited to long to reel in his trees. I fell to the ground, lifted my spikes off the ground, and "got as small" as I could get. The storm passed, but I learned a valuable lesson. I told my shipmates that I never would take that risk again ... and I haven't.

> But golf isn't the only area of concern. The U.S. National Oceanic Atmospheric Administration (NOAA) has charted the risk of being hit. Open fields (parks, playgrounds) accounted for 868 deaths (27%). People under trees accounted for 14%. Water-related mishaps were 8%, and the aforementioned golf courses were 5%.

> The best way to avoid being struck out in the weather is to be prepared. Watch the weather reports on TV or in the paper, check the sky, and plan your events so weather doesn't become a factor. If caught in a storm, find shelter, avoid tall, isolated trees or other tall objects, in an open field get as low as possible (get in the lowest point possible) and put your hands on your knees and head between them (don't lie flat on the ground), avoid taking showers or talking on the telephone, and stay away from windows. For more information call Safety Department at 764-7821.

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NAVCONBRIG Charleston staff recognized by the Secretary of the Navy

By Edward P. Grant, NAVCONBRIG Public Affairs

Three Naval Weapons Station Charleston employees were recently honored by Secretary of the Navy Gordon England for a lifetime of honorable service. The retiring staff members hold a combined total of more than 40 years of federal service and for that achievement they received Length of Service awards.

Retired Navy Chief Petty Officer Wayne W. Swiech, carpenter shop supervisor since July 1989, received a 45-year Length of Service Award for his service of 28 years in uniform and 18 years in civil service. Retired Army Sergeant Major James R. Owens, training officer since June 1989, received a 44-year Length of Service Award for 27 years in uniform and 17 years civil service. Retired Navy Chief Petty Officer Marvin H. Cregger, automotive shop supervisor since August 1989, received a 40-year Length of Service award for 20 years in uniform and 20 years in civil service..

Collectively these three employees have seen great change in their years of service and much change in their years at the brig. Individually they have provided invaluable service and support to the command.

Swiech and Cregger supervised prisoner workers in industrial production shops, providing training in carpentry, automotive diagnostics and repair. As work supervisors they taught constructive skills and work trades that are useful for prisoners after release. Working closely



Photo by Bart Jackson

NAVCONBRIG staff take a moment with award recipients. Pictured from left are CDR Steve Wright, NAVCONBRIG Commanding Officer, Mr. Roy Owens, Mr. Wayne Swiech, Mr. Marvin Cregger and NAVCONBRIG XO CDR Michael Davidson.

Command ready to operate. They have invested themselves and personally grown from the job. They each take pride and ownership in the 100 percent compliance scores the brig received

together in the brig industrial shops, they personally supervised and taught over 2500 prisoners in the two shops over the last 16 years. Sweich and Cregger both pride themselves on their mentorship of prisoners, and imparting useful high-quality skills. They are examples by demonstrating good character and being good role models in doing the right things to succeed.

Owens managed a wide variety of correc-

tions training for the 200-member multi-service staff during the past 16 years. As training manager and principal instructor, Owens developed and provided complex correctional training in the use of firearms, deadly force, employee management relations and armed escort training.

His outstanding planning, training, and guidance in pre-service and monthly mandatory

training to the brig staff has been key in developing new military and civilian staff. Owens helped turn new employees into correctional professionals and ensured a high level of training. In 1993, Owens began the coordination of annual weekend and summer training for Army National Guard and Army Reserve military police units. He personally developed the current Navy and Marine Corps' armed escort training program and it is now the standard operational method for both services.

Swiech, Cregger, and Owens are all brig "plankowners" and saw the brig grow from its ground breaking through construction and commissioning in November 1989 to a modern correctional facility. These men have worked in the brig from the days when it was just a large plot of dirt, construction equipment, and the small staff worked in an on-site trailer. They learned corrections and brig operations while getting the command ready to operate. They have invested themselves and personally grown from the job. percent compliance scores the brig received during triennial audits conducted by the American Correctional Association, from 1992 through 2004. The Charleston brig received a nationally unprecedented five awards.

Swiech, Cregger, and Owens have completed their federal service and are now enjoying retirement. Fellow brig staff members don't envision them in rocking chairs on the front porch, but fully expect them to be busy with new endeavors.



Meeting Your Needs. At Home. At Sea. Need help in effectively controlling your anger?

The Fleet and Family Support Center (FFSC) will, once again, hold an Anger Management workshop in Building 786. We all know what anger is, and we've all felt it: whether as a fleeting annoyance or as full-fledged rage. Anger is a completely normal, healthy emotion unless the emotion controls your life. Come join us August 15 from 1:00 -4:00 p.m.

Understand and control your anger. Learn tips and techniques to help control rage and increase your quality of life.

Schedule of Workshops

Aug 15 1:00 - 4:00 p.m. Anger Management Aug 17 9:00 a.m.- Noon Spouse 101 Aug 21 9:00 -11:00 a.m.. Infant/Child CPR Aug 24 Smooth Move 9:00 a.m.-Noon Aug 26 8:00 a.m.- 4:00 p.m. Marriage Prep Sept 4 Closed Labor Day Every Wednesday 9:30 - 11:00 a.m. Play Mornings

Registration is required.

Fleet and Family Support Center 843-764-7480/7294

WELCOME TO THE MILITARY!

Get off to a great start by attending Navy Spouse 101

A new spouse orientation to the military life.

Learn the military culture such as the jargon, rates/ranks, chain of command, and core values. Understand the mobile lifestyle. Get a military checklist.

WHERE: Fleet and Family Support Center, Bldg 755

WHEN: Thursday, August 17, 9:00 a.m-12:30 p.m.

Being a Navy spouse can be a bit overwhelming, but such an adventure!

Free child care provided for this workshop upon registration.

Call 764-7480 to register today!

Feeling stressed?

Join your Fleet and Family Support Center staff on Monday, September 11 from 1:00-4:00 p.m. for a Stress Management Workshop that could help to change your life! This workshop provides a positive, productive discussion on the critical topic of stress. The workshop is interactive and. . . it's fun! You'll find that you can achieve success under stress. You'll have the opportunity to: Talk openly about any concerns you may have; be introduced to alternative ways of dealing with stressors related to change that may benefit your career and your personal life; accept change by exploring options; and develop solid stress coping skills to help boost morale and prevent burnout.

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When summer sizzles, take cool care of season's bounty

By Kay Blakley DeCA Home Economist

FORT LEE, Va. Fresh fruits and vegetables of almost every kind are in abundant supply this time of year, so be absolutely sure to get your recommended servings from each of these food groups every day. In case you don't remember, that's two cups of fruit and 2 cups of vegetables for most of us. Canned or frozen versions also count toward the recommended daily servings, but now is the time to choose fresh. Since most items are plentiful, the price should be reasonable and the quality should be at season's peak.

Whether you're a new recruit or a seasoned shopper of fresh fruits and vegetables, keeping a few important concepts in mind will help you choose and store the best of what your commissary's produce section has to offer.

- * Select fruits and vegetables that are free of bruises and blemishes, avoiding any that are shriveled or showing signs of decay, such as mold. This also applies to prepackaged vegetables or fruits.
- * Avoid bruising soft fruits, like ripe nectarines and strawberries, through careless placement in your shopping cart, or rough handling as they go through checkout and bagging. Handing these items directly to the cashier, rather than placing them on the conveyer belt with other groceries, and hand carrying them to your car is perfectly okay.
- * Exposure to heat and light can quickly affect both the nutritional value and the overall quality of sensitive items, so promptly store any produce that needs to be refrigerated.
- * Did you know that some fruits and vegetables produce ethylene gas as they ripen and age? Apples, avocados, cantaloupes, bananas and tomatoes are among the gas producers. Other items such as leafy greens and lettuce, cucumbers, sweet peppers, carrots, broccoli and cabbage are sensitive to ethylene gas and will deteriorate much faster when exposed to it. When storing produce, separate the gas sensitive from the gas producers as much as possible. A basket of fresh fruit, for example, looks very nice with a banana or two draped over the top. Everything will last longer, though, if the bananas are given their own space on a banana stand on the far counter, while the fruit basket occupies a space on the kitchen table. Apply this same principle when deciding where to place produce items in the refrigerator.
- * Wash produce under cool, running water just before you use it. Plain running water is sufficient, the use of soap or detergent is neither necessary nor desirable. Hearty vegetables, such as potatoes and carrots, can be scrubbed with a vegetable brush if you plan to eat their fiber and nutrient-rich skins.
- * Leafy greens, such as lettuce, however, are an exception to the "wash when ready to use rule." These items will keep longer if they are rinsed before refrigerating. Take care to rinse away all dirt and sand, spin the leaves dry in a salad spinner, if you have one, then store in a zip closure plastic bag. Placing paper towels between the leaves of greens will help to slow deterioration, if a salad spinner is not available. The trick is to supply enough moisture to keep the greens crisp, but not so much as to encourage deterioration.
- * For optimum flavor and nutritional value, use fresh fruits and vegetables within a few days of purchase.

When it's too hot to cook, look to the season's bounty of fresh produce to make cool summer side dishes that are short on preparation, but long on flavor. Pair one or both of the recipes below with a freshly-cooked rotisserie chicken from your commissary's deli, add some fresh mozzarella slices to the herb-marinated tomatoes for a meal-sized salad, or let your imagination lead the way to other pleasing combinations.

Keep cool, stay healthy by eating your fruits and veggies and I'll see you soon at the commissary!

Herb-Marinated Tomatoes (Serves 4)

- 2 large tomatoes, cut into half inch slices
- 2 tablespoons chopped fresh basil
- 1 tablespoon chopped fresh parsley
- 1 tablespoon chopped fresh oregano
- 1 tablespoon fresh lemon juice
- 1 teaspoon balsamic vinegar
- ° teaspoon salt
- ° teaspoon pepper

Arrange tomatoes on a platter, slightly overlapping slices. Sprinkle with basil, parsley and oregano. Combine lemon juice and vinegar and drizzle over tomatoes. Cover and chill two hours. Sprinkle with salt and pepper before serving.

Natural Resources



Photo by Bart Jackson

Aerial helicopter sprayer comes in "for a landing" atop a chemical tanker. The Station's Natural Resources department in conjunction with the South Carolina Dept. of Natural Resources were spraying herbicides over the Marrington aquatic areas in an attempt to eliminate invasive aquatic plants and weeds.



Photo by Bart Jackson

Local Contractors, working with the Station's Natural Resources Department repair and upgrade dikes in the ordnance area alongside the banks of Goose Creek.





UNAUTHORIZED GUESTS

Navy Family Housing is provided solely for military families and their guests in compliance with housing requirements. Unauthorized guests residing in on-base quarters will jeopardize the assignment. Any guest that is visiting for more than 48 hours, is required to register with the Housing Welcome Center by completing a "Guest Information Form". Any guests desiring to stay beyond two weeks must have written permission from the housing director.

Subleasing or joint tenancy of assigned quarters is strictly prohibited and will result in the termination of assignment.

Please direct questions regarding housing policy, to the Housing Welcome Center at 764-7218/7219.

PET REGULATIONS

Residents of Naval Weapons Station Charleston family housing are permitted to have a maximum of two pets (dogs or cats) per household. This number includes personally owned pets and pet sitting for others. All pets are to be registered at the Housing Welcome Center and the owner must provide proof of current rabies inoculation. No pet shall be owned, or cared for in family housing areas unless it has a current rabies vaccination. Residents should register pets immediately upon taking ownership of the animal or moving into housing. If pets are left alone at home, owners must make arrangements for a responsible person to care and feed for them.

Pets that habitually bark, interfere with persons engaging in physical activity, defecate on the lawn or in flower beds are considered a nuisance. Dogs and cats must be under the physical control of the owner or other responsible person by leash or chain. A pet considered a nuisance to the neighborhood, will result in a letter of warning to the owner. One incident of an unprovoked animal bite will result in removal of the animal.

TEMPORARY ABSENCE FROM QUARTERS

Please be sure to notify the Housing Welcome Center when absent from quarters. Complete a "Help Stop Crime" form at the Housing Welcome Center. The form not only advises the Housing Welcome Center that no one is home, but also alerts the Security Department to check on empty homes. Absences in excess of 48 hours require completion of the "Help Stop Crime" form.

It is suggested that residents stop newspaper deliveries while absent and arrange for lawn care. The Housing Welcome Center will care for and cut lawns, but residents will be billed for the service.

Upon returning to the residence, please notify the Security Department and the Housing Welcome Center immediately.

ENERGY CONSERVATION

In the interest of energy conservation, residents are reminded to turn off interior and exterior lights that are not in use during daylight hours. Please turn lights off during absences from quarters and in unused rooms. Residents that continue to burn outside lights are subject to receipt of quarters discrepancy notices issued by housing inspectors.

BIRTH ANNOUNCEMENTS

To have birth announcements placed in Shoreline, contact Laurissa Kennedy, Housing Welcome Center, 764-7228/7218 ext. 13.

SCHOOL CHILDREN SAFETY

School will be in session soon and the safety of our children continues to be a primary concern. Please take a few minutes to pass along the following safety tips to your children:

- Never talk to strangers while on the way to school or at any other time.
 - Never go with a stranger.
 - Never enter a stranger's home.
 - Never accept anything from a stranger.
- Instruct children to walk with an adult or a group of children, if possible.
- Children of working parents are sometimes left alone at home for brief periods in the afternoons. Teach them that they should never open the door to strangers.
- If a child, alone at home, should answer the phone while you are out, teach them to refrain from telling the caller that they are alone.
- Teach children to be aware of their surroundings and to take the safe way to school never a shortcut.
- Remind children to walk their bicycles as they cross the streets and to use bicycle paths where possible.

BACHELOR HOUSING NOTES

Disturbing other residents by playing loud music or by making excessive noise either through individual or group action is prohibited. Residents must keep music and conversations down to a level that noise can not be heard outside the unit, room, or car, where the activity is occurring. Quiet hours will be maintained from 10:00 p.m. to 8:00 a.m. daily in all BH common areas and adjoining grounds. Failure to comply will result in disciplinary action.

Lounges/TV and Recreational Areas. Sleeping or playing loud music is prohibited in these areas. Do not place shoes or sit on lounge furniture; place all trash in appropriate receptacles. Damage to furnishings may result in the securing of the lounge and TV areas.